

DOWNWARD SPIRAL OF DEPRESSION (GENESIS 1:1-14)

GOD'S COMMANDS

CAIN'S REACTIONS

① SALVATION & THROUGH A RIGHT OFFERING (V.4)

① CAIN DID NOT GIVE AN ACCEPTABLE OFFERING. (VSS. 3+5)

② GOD REJECTED CAIN'S OFFERING. (V.5)

② CAIN'S COUNTENANCE FELL - HE WAS ANGRY. (VSS. 5+6)

③ GOD GAVE CAIN A WAY OUT - MAKE THE RIGHT OFFERING. REPENTANCE + OBEDIENCE. (V.7)

③ CAIN REFUSED TO OBEY AND MURDERED ABEL. (V.8)

④ GOD SEEKS TO ^(PRICK) PEAK CAIN'S CONSCIENCE. REPENTANCE. (V.9)

④ "AM I MY BROTHER'S KEEPER?" EXCUSES AND BLAMESHIFTING. (V.9)

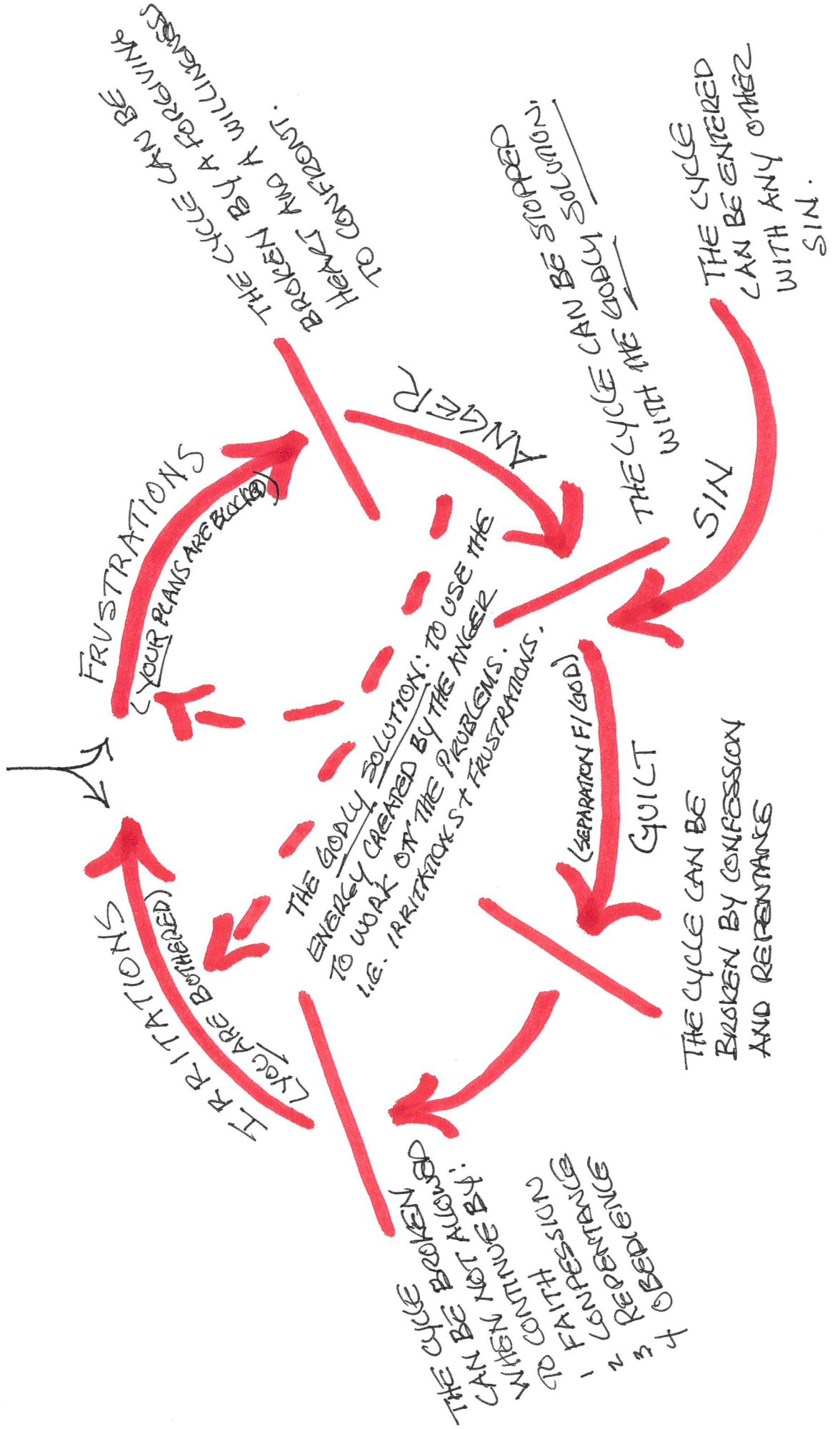
⑤ GOD CHALLENGES CAIN ONCE AGAIN. REPENTANCE (V.10)

⑤ CAIN IS OVERWHELMED AND DEPRESSED. (VSS. 13,14)

★ THE DOWNWARD SPIRAL OF DEPRESSION COULD HAVE BEEN STOPPED BY REPENTANCE AND OBEDIENCE AT ANY OF THESE POINTS.

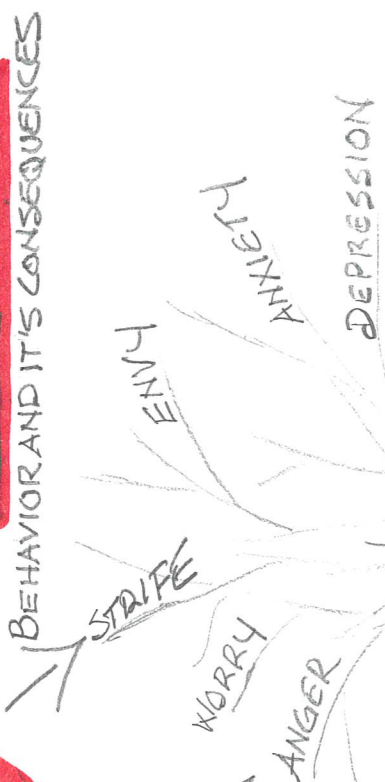
DEPRESSION CYCLE (FEEDS ON SELF)

EPHESIANS 4:12
BOTH COME BY LIVING

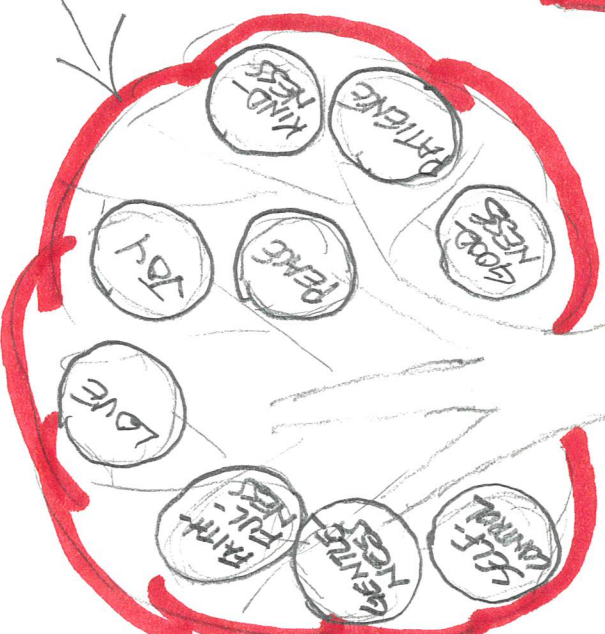


SITUATIONS OF LIFE

FRUITS



RESPONSES

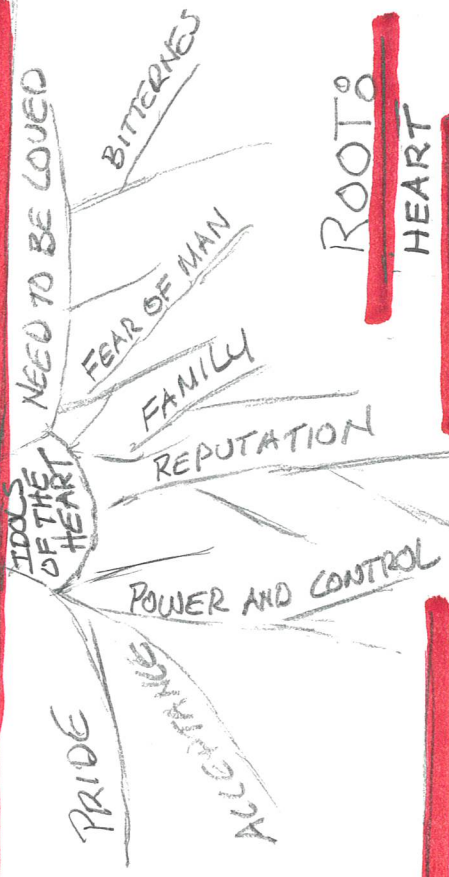


FRUIT
I JOHN 1:9
PROV. 28:13

LUKE 6:43-45
GAL. 5:19-21

GAL. 5:22-24

Ho So



ROOTS
HEART

1 COR. 10:14

CHANGE

CONFESSION
REPENTANCE
FORGIVENESS

WORD OF GOD